

USATF Minnesota Team Circuit  
MDRA 15K  
August 7, 2016

Women's Open Red Division		Women's 40+		Women's 50+		Women's 60+	
1. Twin Cities Track Club		1. TC Running Company		1. St Cloud River Runners		1. Prairie Striders	
Lisa Baumert	0:56:51	Sonya Decker	1:04:42	Wanda Gau	1:02:27	Andriette Wickstrom	1:08:16
Melissa Gacek	0:58:56	Heather Himler	1:05:27	Cindy Lewandowski	1:11:34	Diane Stoneking	1:22:08
Christine Muller	<u>1:02:29</u>	Danielle Gordanier	<u>1:06:49</u>	Denise Rinne	<u>1:22:51</u>	Gloria Jansen	<u>1:23:48</u>
Total	2:58:16	Total	3:16:58	Total	3:36:52	Total	3:54:12
2. Run N Fun		2. St Cloud River Runners		2. Prairie Striders		2. MDRA	
Angie Williams	0:59:59	Wanda Gau	1:02:27	Andriette Wickstrom	1:08:16	Delma Bartelme	1:27:06
Kari Putterman	1:00:41	Cindy Lewandowski	1:11:34	Sharon Stubler	1:10:38	Sandra Dalquist	1:35:14
Abbey Singleton	<u>1:00:45</u>	Elizabeth Wateland	<u>1:13:38</u>	Diane Stoneking	<u>1:22:08</u>	Candy Patrin	<u>1:41:05</u>
Total	3:01:25	Total	3:27:39	Total	3:41:02	Total	4:43:25
3. Northwoods - MN/WI		3. Prairie Striders		3. TC Running Company			
Anna Lahti	1:03:54	Andriette Wickstrom	1:08:16	Maria Barton	1:22:03		
Rochelle Wirth	1:04:12	Sharon Stubler	1:10:38	Amy Clark	1:23:45		
Ashley Lykins	<u>1:04:14</u>	Diane Stoneking	<u>1:22:08</u>	Sonia Jacobsen	<u>1:26:37</u>		
Total	3:12:20	Total	3:41:02	Total	4:12:25		
4. TC Running Company		4. MDRA		4. MDRA			
Sonya Decker	1:04:42	Ann Wasson	1:16:29	Ann Wasson	1:16:29		
Heather Himler	1:05:27	Delma Bartelme	1:27:06	Delma Bartelme	1:27:06		
Danielle Gordanier	<u>1:06:49</u>	Sandra Dalquist	<u>1:35:14</u>	Sandra Dalquist	<u>1:35:14</u>		
Total	3:16:58	Total	4:18:49	Total	4:18:49		
5. Mill City Running							
Emma Miller	1:04:50						
Rebekah Metzdorff	1:05:49						
Brenna Kennedy	<u>1:07:16</u>						

Total 3:17:55

6. St Cloud River Runners

Wanda Gau 1:02:27

Sarah Kemp 1:08:23

Cindy Lewandowski 1:11:34

Total 3:22:24

Blue Division

1. Calhoun Beach Running Club

Lindsey Pierret 0:58:32

Elizabeth Sellers 1:06:14

Sarah Gant 1:14:37

Total 3:19:23

2. Mile to Marathon

Kristi Spitzmueller 1:06:36

Kandace Schuft 1:16:02

Sarah Koelln 1:17:40

Total 3:40:18

3. Prairie Striders

Andriette Wickstrom 1:08:16

Sharon Stubler 1:10:38

Diane Stoneking 1:22:08

Total 3:41:02

4. MDRA

Ann Wasson 1:16:29

Delma Bartelme 1:27:06

Sandra Dalquist 1:35:14

Total 4:18:49

5. YWCA of Minneapolis

Heather Gray	1:24:19
Joan Bennett	1:27:15
Megan Foehrenbacher	<u>1:27:16</u>
Total	4:18:50