

USATF Minnesota  
 Medtronic TC 10 Mile - Results  
 October 9, 2016

Women's Open Red Division	Women's 40+	Women's 50+
1. Mill City Running Company	1. RunMN	1. TC Running Company
Jillian Tholen 0:59:45	Kara Parker 1:05:03	Jenny Breen 1:15:43
Andrea Rediger 0:59:59	Heather Larson 1:08:24	Linda Kobilarcsik 1:15:59
Nikki Paradis 1:00:50	Katy Class 1:13:20	Kate Davis 1:16:08
Total <u>3:00:34</u>	Total <u>3:26:47</u>	Total <u>3:47:50</u>
2. Run N Fun	2. Northwoods - MN/WI	2. St Cloud RR/EnduRUNce Shop
Maureen Lybarger 1:00:24	Molly Pennings 1:07:27	Lisa Hines 1:14:49
Taylor Berg 1:00:29	Rochelle Wirth 1:08:07	Cindy Lewandowski 1:15:49
Lauren Rice 1:01:51	Jody Zeleznikar 1:11:59	Jacki Devine 1:18:28
Total <u>3:02:44</u>	Total <u>3:27:33</u>	Total <u>3:49:06</u>
3. Twin Cities Track Club	3. TC Running Company	3. Prairie Striders
Lisa Baumert 0:58:37	Heather Himler 1:08:21	Julie Virkus 1:12:57
Ashlie Decker 1:01:28	Danielle Gordanier 1:09:55	Sharon Stubler 1:14:38
Melissa Gacek 1:03:09	Pam Nielsen 1:10:17	Diane Stoneking 1:25:05
Total <u>3:03:14</u>	Total <u>3:28:33</u>	Total <u>3:52:40</u>
4. RunMN	4. Run N Fun	4. Run N Fun
Marit Sonnesyn 1:02:03	Katie Zuehlke 1:09:51	Pam Weier 1:14:32
Heather Meyers-Wimer 1:04:17	Joyce Bourassa 1:10:48	Elizabeth Lee 1:21:44
Laura Albares 1:04:32	Pam Weier 1:14:32	Kristi Larson 1:24:30
Total <u>3:10:52</u>	Total <u>3:35:11</u>	Total <u>4:00:46</u>
5. Northwoods - MN/WI	5. St Cloud RR/EnduRUNce Shop	5. Northwoods - MN/WI
Tiffany Kari 1:05:08	Lisa Hines 1:14:49	Rochelle Wirth 1:08:07
Molly Pennings 1:07:27	Cindy Lewandowski 1:15:49	Kelly Rogers 1:26:30
Anna Lahti 1:07:35	Jacki Devine 1:18:28	Karen Sirois 1:27:48
Total <u>3:20:10</u>	Total <u>3:49:06</u>	Total <u>4:02:25</u>
6. Life Time Run	6. Prairie Striders	6. Mill City Running
Kristin Weinzierl 1:05:00	Julie Virkus 1:12:57	Barb Leininger 1:21:12
Rebekah Mayer 1:05:19	Sharon Stubler 1:14:38	Carmen Berlinerblau 1:31:17
Kelli Daly 1:09:52	Diane Stonking 1:25:05	Mari Steinbach 1:36:55
Total <u>3:20:11</u>	Total <u>3:52:40</u>	Total <u>4:29:24</u>
7. TC Running Company	7. Life Time Run	
Heather Himler 1:08:21	Heather Gray 1:16:18	
Danielle Gordanier 1:09:55	Amy Bender 1:22:05	
Pam Nielsen 1:10:17	Rachel Scofield 1:24:39	
Total <u>3:28:33</u>	Total <u>4:03:02</u>	

8. St Cloud RR/EnduRUNce Shop  
Palkit Nawang 1:12:27  
Lisa Hines 1:14:49  
Cindy Lewandowski 1:15:49  
Total 3:43:05

8. YWCA of Minneapolis  
Lara Roy 1:19:55  
Andrea Bidelman 1:29:14  
Dina Khaled 1:29:52  
Total 4:19:01

Women's 60+  
1. Prairie Striders  
Julie Virkus 1:12:57  
Diane Stoneking 1:25:05  
Gloria Jansen 1:25:24  
Total 4:03:26

Blue Division  
1. Collegeville Track Club  
Laura Edlund 1:05:51  
Caitlin Fermoyle 1:05:53  
Brianna Rohne 1:07:22  
Total 3:19:06

9. Williston Runners with Heart  
Melissa Wieczorek 1:23:12  
Karen Wiersum 1:30:25  
Mary Brown 1:33:45  
Total 4:27:22

2. Calhoun Beach Running Club  
Nora McCall 1:10:12  
Elizabeth Sellers 1:10:48  
Kristen Keller 1:11:23  
Total 3:32:23

10. Mill City Running Company  
Barb Leininger 1:21:12  
Carmen Berlinerblau 1:31:17  
Adelheid Koski 1:35:50  
Total 4:28:19

3. Mile To Marathon  
Kristi Spitzmueller 1:07:45  
Erin Rapallini 1:12:59  
Kandace Schuft 1:25:02  
Total 3:45:46

11. MDRA  
Lisa McCleary 1:33:16  
Kathleen Shea 1:36:09  
Sandra Dalquist 1:41:51  
Total 4:51:16

4. Prairie Striders  
Julie Virkus 1:12:57  
Sharon Stubler 1:14:38  
Diane Stoneking 1:25:05  
Total 3:52:40

5. Williston Runners with Heart  
Natalie Conrad 1:13:01  
Melissa Wieczorek 1:23:12  
Karen Wiersum 1:30:25  
Total 4:06:38

6. YWCA of Minneapolis  
Lara Roy 1:19:55  
Gretchen Haselbaure 1:24:23  
Joan Bennett 1:25:07  
Total 4:09:25

7. Team R.E.D.  
Elisabeth Blazing 1:17:00  
Laura Mesenburg 1:27:19  
Tina Diepenbrock 1:32:42  
Total 4:17:01

8. MDRA

Lisa McCleary	1:33:16
Kathleen Shea	1:36:09
Sandra Dalquist	<u>1:41:51</u>
Total	<u>4:51:16</u>